

OMEGA COLLEGE OF PHARMACY

(Approved by P.C.I., Affiliated to OU, Hyderabad.)

Sy. No, 7, Edulabad (V), Ghatkesar (M), Medchal Malkajgiri (Dist) - 501 301.

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3.4.3 Number of extension and outreach programs conducted by the institution through organized forums including NSS/NCC with involvement of

3.4.3 Number of extension and outreach programs conducted by the institution through organized forums including NSS/NCC with involvement of Name of the activity Organising unit/ agency/ Name of the scheme Year of			
Ivame of the activity	collaborating agency	Name of the scheme	activity
Awareness program on "healthy body and mind"	NSS UNIT	Run India Movement	activity
Seminar on AIDS	NSS UNIT	AIDS Seminar	
Blood Donation programme	Red Cross Society	Blood Donation programme	
A programme on Importance of Yoga	NSS UNIT	International Yoga Festival	
Swachhta bharath- Campus Cleaning, Rally	NSS UNIT	Swachch Bharat	
Tree Plantation with Green Revolution	NSS UNIT	Tree Plantation with Green Revolution	2022-23
Awareness program on Women Empowerment	NSS UNIT	Women Empowerment	
Awareness and action to protect our environment.	NSS UNIT	World Environment Awareness	
Awarness and action to protect our environment. Awarness rally for Protecting Children from Tobacco	NSS UNII	Worlds No Tobacco Rally	
	NICC LINIT	worlds no Tobacco Rally	
Industry Interference.	NSS UNIT	DL 1D 3	
Blood Donation camp	Lions Club	Blood Donation camp	
Health education Program with yoga	NSS UNIT	International Yoga Festival	
Clean India mission - Campus Cleaning, Rally	NSS UNIT	Swachch Bharat	
Haritha haram	NSS UNIT	Tree Plantation with Green Revolution	
Education on self defence for women	Lions Club	Women Empowerment	2021-22
Awareness program on protection and revival of		World Environment Awareness	
ecosystems	NSS UNIT		
Awareness program on No Tobacco	NSS UNIT	Worlds No Tobacco Rally	
Blood Donation programme	Red Cross Society	Blood Donation programme	
Awareness programm on physical fitness	NSS UNIT	FIT India Movement	
Health camp: Yoga '-a journey of self discovery"	NSS UNIT	International Yoga Festival	
Programme organized on Swachch Bharat Abhiyaan	Lions Club	Swachch Bharat Summer Internship	
Swachh Telangana.	NSS UNIT	Swachch Bharat	
Tree Plantation with Green Revolution	NSS UNIT	Tree Plantation with Green Revolution	
Women Empowerment Program: "Freedom to pursue		Women Empowerment	
desired goals"	Lions Club		2020-21
Worlds No Tobacco Rally	NSS UNIT	Worlds No Tobacco Rally	
Raising awareness on environmental issues	NSS UNIT	World Environment Awareness	
Women Empowerment : Education, awareness,		Women Empowerment	
literacy, and training.	Lions Club		
Tree Plantation with Green Revolution	NSS UNIT	Tree Plantation with Green Revolution	
A Rally on Clean & Green initiatives	NSS UNIT	Swachch Bharat	
A workshop on health benefits with yoga	NSS UNIT	International Yoga Festival	
Blood Donation camp	Lions Club	Blood Donation camp	
AIDS /HIV Awareness Seminar	NSS UNIT	AIDS /HIV Awareness Seminar	
Awareness program on Tobacco free world	Red Cross Society	Worlds No Tobacco Rally	2019-20
Tree Plantation with Green Revolution	NSS UNIT	Tree Plantation with Green Revolution	
Women Empowerment : Re-define gender roles	NSS UNIT	Women Empowerment	
Action to make the world a greener, healthier place	Lions Club	World Environment Awareness	
Plastic Ban Awareness	NSS UNIT	Plastic Ban Awareness	
Worlds No Tobacco Rally	Red Cross Society	Worlds No Tobacco Rally	
Harita Haram	NSS UNIT	Harita Haram	_
Pulse Polio camp	Red Cross Society	Pulse Polio camp	-
Significance & benefits for physical and mental well-be		International Yoga Festival	2018-19
Awareness camp on Cancer	Red Cross Society	Cancer camp	_
Blood Donation camp	Red Cross Society	Blood Donation programme	



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Date: 13/1/2022

Name of the	Awareness program on "healthy body and mind"
Activity	
Type of Activity	Awareness program on "healthy body and mind"
Date and Time	13/1/2022
of Activity	
Details of	46
Participants	
Resource Person	Dr.Jenifer Fernandez
Coordinators	NSS Coordinators
Organizing dept.	NSS Department
Description	The Awareness program on "healthy body and mind" is a nationwide initiative aimed at promoting fitness and well-being among Indians through running. Launched in 2017 by Prime Minister Narendra Modi, the movement encourages people from all walks of life to embrace running as a means to improve their physical health and overall quality of life. The initiative seeks to address the rising concerns of sedentary lifestyles and related health issues in India. The movement involves organizing various running events, from fun runs to marathons, across different cities and towns throughout the country. These events often attract participation from people of all ages and fitness levels, fostering a sense of community and camaraderie. Beyond individual health benefits, the Run India Movement also emphasizes the importance of sports and physical activity in promoting national unity and pride. By encouraging citizens to adopt a more active lifestyle, the initiative aims to contribute to a healthier, fitter, and more vibrant India. Through social media campaigns, public events, and collaborations with local governments and organizations, the Run India Movement continues to inspire millions of Indians to lace up their running shoes and embrace the
Photo Proof	joy of running for a healthier future.
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Date: 23/10/2022

Name of the	Seminar on AIDS
Activity	
Type of	Seminar on AIDS
Activity	
Date and	23/10/2022
Time of	23/10/2022
Activity	
Details of	48
Participants	
Resource	Mrs.Jeevana Jathotu
Person	
Coordinators	NSS Coordinators
Organizing	NSS Department
dept.	
Description	
	The Seminar on AIDS
	is a crucial event aimed at disseminating knowledge and fostering dialogue
	surrounding Acquired Immunodeficiency Syndrome (AIDS). Scheduled for
	23/10/2022, this seminar will bring together renowned experts, healthcare
	professionals, researchers, and community members dedicated to combating the
	AIDS epidemic.
	Throughout the seminar, attendees can expect comprehensive discussions on various aspects of AIDS, including its epidemiology, transmission, prevention strategies, treatment advancements, and the socio-economic impact on affected communities. The agenda will feature keynote speeches, panel discussions, interactive workshops, and poster presentations, providing a platform for sharing the latest research findings, innovative approaches, and best practices in AIDS management and prevention.
	Moreover, the seminar will emphasize the importance of community engagement, advocacy efforts, and global collaboration in addressing the multifaceted challenges posed by AIDS. Participants will have the opportunity to network, exchange ideas, and forge partnerships to enhance the collective response to this global health crisis.
	Ultimately, the AIDS Seminar aims to empower attendees with knowledge, tools, and inspiration to contribute effectively to the ongoing fight against AIDS, striving towards a future where AIDS-related morbidity and mortality are significantly reduced, and stigma and discrimination associated with the disease



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Date: 19/8/2022

Name of the	Blood Donation programme
Activity	
Type of	Blood Donation programme
Activity	
Date and	19/8/2022
Time of	
Activity	
Details of	56
Participants	
Resource	Red Cross Society
Person	
Coordinators	NSS Coordinators
Organizing	NSS Department
dept.	
Description	
	The Blood Donation Program is a crucial initiative aimed at encouraging voluntary blood
	donation to meet the ever-growing demand for blood transfusions in medical emergencies,
	surgeries, and treatments. Organized by healthcare institutions, non-profit organizations, or
	governmental bodies, these programs raise awareness about the importance of donating
	blood regularly.
	Blood donation drives are typically conducted in various locations such as schools,
	colleges, workplaces, and community centers to make the process accessible to donors.
	These events provide a convenient platform for individuals to contribute to saving lives by
	donating blood.
	donating blood.
	Volunteers undergo a brief medical screening to ensure their eligibility for donation and are
	then guided through the donation process by trained staff. Donated blood is carefully tested
	for compatibility and safety standards before being used for transfusions.
	for companionity and safety standards octore being used for transfusions.
	The success of these programs relies heavily on community participation and support.
	Through effective promotion and education, they aim to dispel myths surrounding blood
	donation and encourage a culture of altruism and solidarity. Ultimately, the Blood Donation
	Program plays a vital role in ensuring an adequate and safe blood supply for those in need.
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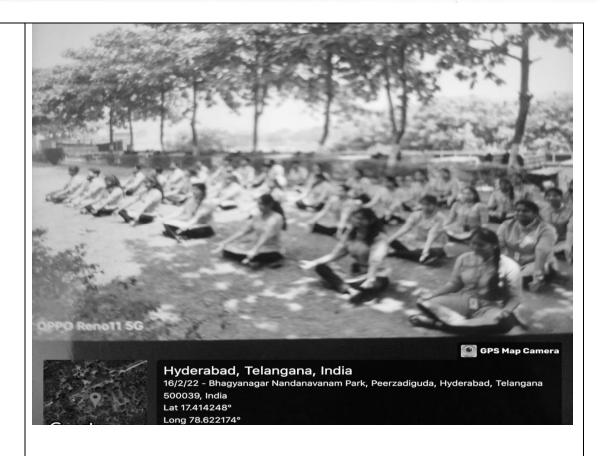
Date: 16/2/2022

Name of the Activity	A programme on Importance of Yoga
Type of Activity	A programme on Importance of Yoga
Date and Time	16/2/2022
of Activity	
Details of	43
Participants	
Resource Person	Mr.I.V.Prakash
Coordinators	NSS Coordinators
Organizing dept.	NSS Department
Description	A programme on Importance of Yoga is a globally renowned event that celebrates the ancient practice of yoga, drawing enthusiasts and practitioners from around the world. Held annually, the festival typically spans several days and takes place in various locations across India, the birthplace of yoga. It serves as a platform for yogis, spiritual leaders, and wellness experts to come together and share their knowledge, techniques, and experiences. Attendees of the International Yoga Festival can expect a diverse range of activities, including yoga classes, meditation sessions, workshops, lectures, and cultural performances. Renowned yoga teachers and gurus lead sessions on different styles and aspects of yoga, catering to practitioners of all levels, from beginners to advance. The festival not only promotes physical well-being but also emphasizes the holistic benefits of yoga for mental, emotional, and spiritual health. Participants often leave feeling rejuvenated, inspired, and more deeply connected to themselves and the global yoga community. In addition to fostering personal growth and wellness, the International Yoga Festival serves as a platform for cultural exchange, promoting understanding and harmony among people of different backgrounds and traditions through the universal language of yoga.



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Date: 8/4/2023

Name of the	Swachhta bharath- Campus Cleaning, Rally
Activity	
Type of Activity	Swachhta bharath- Campus Cleaning, Rally
Date and Time of	8/4/2023
Activity	
Details of	87
Participants	
Resource Person	Dr.Satya Srinivas
Coordinators	NSS Coordinators
Organizing dept.	NSS Department
Description	
	Swachhta bharath- Campus Cleaning, Rally, meaning "Cleanliness Fortnight," is an initiative launched by the Government of India to promote cleanliness and hygiene across various sectors, including educational institutions. As part of Swachhta Pakhwada, campus cleaning drives are organized in schools, colleges, and universities to instill a sense of responsibility towards cleanliness among students and staff. During these campus cleaning activities, students and faculty members come together to clean their premises, including classrooms, corridors, washrooms, and outdoor
	areas. The aim is to create a clean and conducive environment for learning and working. Apart from cleaning, awareness sessions on the importance of hygiene and sanitation are also conducted to educate participants about the health benefits of maintaining cleanliness.
	Additionally, rallies are organized within the campus to raise awareness about cleanliness and encourage active participation from the student community. These rallies often involve students carrying placards and banners with messages promoting cleanliness and environmental sustainability. The rallies serve as a platform to mobilize support for the cleanliness drive and inspire others to contribute to the cause.
	Overall, Swachhta Pakhwada's campus cleaning activities and rallies play a crucial role in fostering a culture of cleanliness and promoting sustainable practices within educational institutions.



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Date: 18/1/2022

Name of the	Tree Plantation with Green Revolution
Activity	
Type of	Tree Plantation with Green Revolution
Activity	
Date and	18/1/2022
Time of	
Activity	
Details of	64
Participants	
Resource	Dr.Srihari
Person	
Coordinators	NSS Coordinators
Organizing	NSS Department
dept.	
Description	
	The concept of tree plantation within the framework of the Green Revolution involves integrating agro forestry practices into agricultural landscapes to enhance productivity, sustainability, and environmental resilience. Historically, the Green Revolution aimed at increasing agricultural yields through technological advancements, such as high-yielding crop varieties, fertilizers, and irrigation techniques. However, this approach often led to environmental degradation, including soil erosion, biodiversity loss, and depletion of natural resources.
	Integrating tree plantation into the Green Revolution paradigm addresses these environmental concerns by promoting sustainable land management. Trees provide numerous benefits such as soil conservation, carbon sequestration, biodiversity enhancement, and microclimate regulation. By intercropping trees with traditional crops, farmers can diversify their income sources while mitigating the negative impacts of monoculture farming.
	Furthermore, agro forestry systems contribute to food security by improving soil fertility, water retention, and pest control. In regions vulnerable to climate change, tree plantation within the Green Revolution framework can enhance resilience against extreme weather events and fluctuations in precipitation patterns. Overall, combining tree plantation with the principles of the Green Revolution represents a holistic approach to agricultural development that balances productivity with environmental stewardship.



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Date: 22/2/2023

Name of the	Awareness program on Women Empowerment
Activity	
Type of	Awareness program on Women Empowerment
Activity	
Date and	22/2/2023
Time of	
Activity	
Details of	53
Participants	
Resource	Mr.Sowjanya Dhule
Person	
Coordinators	NSS Coordinators
Organizing	NSS Department
dept.	-
Description	
	Awareness program on Women Empowerment refers to the process of enhancing women's ability to access opportunities and resources, make choices, and control their own lives. It involves challenging societal norms and structures that perpetuate gender inequality. Empowerment can take various forms, including economic, social, political, and educational empowerment. Economically, women's empowerment may involve providing access to financial resources, such as microloans and training in entrepreneurship. Socially, it entails promoting gender equality in relationships, combating gender-based violence, and ensuring access to healthcare and education. Politically, it involves advocating for women's representation in decision-making processes and leadership positions. Education plays a crucial role in empowering women by providing them with knowledge and skills to participate fully in society. Efforts toward women's empowerment have been ongoing for centuries, with progress made in various parts of the world. However, challenges persist, including discriminatory laws and practices, limited access to education and healthcare, and cultural attitudes that devalue women's contributions. Continued efforts are needed to



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Date: 11/11/2022

Name of the Activity	Awareness and action to protect our environment.
Type of Activity	Awareness and action to protect our environment.
Date and Time of	11/11/2022
Activity	
Details of	48
Participants	
Resource Person	Dr. Subramanyam
Coordinators	NSS Coordinators
Organizing dept.	NSS Department
Description	Awareness and action to protect our environment refers to the global recognition of the delicate balance between humans and the natural world, emphasizing the importance of environmental preservation and sustainability. It encompasses understanding the impact of human activities on ecosystems, biodiversity, climate, and overall environmental health. This awareness prompts individuals, communities, businesses, and governments to take action towards mitigating environmental degradation and promoting conservation efforts. Key aspects of World Environment Awareness include acknowledging the urgency of addressing climate change, reducing pollution, conserving natural resources, protecting endangered species, and promoting eco-friendly practices. It involves educating people about the interconnectedness of all living organisms and the importance of preserving ecological systems for future generations. Efforts to raise awareness about environmental issues include educational programs, public campaigns, policy advocacy, and community engagement initiatives. These endeavors aim to foster a sense of responsibility and stewardship towards the planet, encouraging individuals to make informed choices that contribute to environmental sustainability. Ultimately, World Environment Awareness seeks to inspire collective action and foster a global commitment to safeguarding the Earth's ecosystems and biodiversity for the well-being of all life forms.



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Date: 22/2/2021

Name of the	Awarness rally for Protecting Children from Tobacco Industry Interference.
Activity	
Type of Activity	Awarness rally for Protecting Children from Tobacco Industry Interference.
Date and Time	22/2/2021
of Activity	
Details of	94
Participants	
Resource Person	Dr.Anjan Pathro
Coordinators	NSS Coordinators
Organizing dept.	NSS Department
Description	
	Awarness rally for Protecting Children from Tobacco Industry Interference. is an annual event held globally on May 31st to raise awareness about the health risks associated with tobacco use and advocate for policies to reduce tobacco consumption. The rally brings together individuals, organizations, and governments to promote tobacco control initiatives and support individuals in quitting smoking.
	Participants in the rally engage in various activities such as marches, educational sessions, and public awareness campaigns to highlight the harmful effects of tobacco on individuals and communities. These activities aim to empower people to make informed choices about their health and encourage governments to implement effective tobacco control measures, including increased taxes on tobacco products, smoke-free policies, and comprehensive cessation programs. The rally also serves as a platform for showcasing success stories of tobacco control efforts and celebrating progress made in reducing tobacco use worldwide. By uniting people from diverse backgrounds and sectors, the
	World No Tobacco Day Rally fosters a collective commitment to creating a tobacco-free future for generations to come.



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Date: 4/11/2021

Name of the	Blood Donation programme
Activity	1 0
Type of	Blood Donation programme
Activity	
Date and	4/11/2021
Time of	
Activity	
Details of	67
Participants	
Resource	Lions Club
Person	
Coordinators	NSS Coordinators
Organizing	NSS Department
dept.	
Description	
	The Blood Donation Program is a crucial initiative aimed at encouraging voluntary blood donation to meet the ever-growing demand for blood transfusions in medical emergencies, surgeries, and treatments. Organized by healthcare institutions, non-profit organizations, or governmental bodies, these programs raise awareness about the importance of donating blood regularly.
	Blood donation drives are typically conducted in various locations such as schools, colleges, workplaces, and community centers to make the process accessible to donors. These events provide a convenient platform for individuals to contribute to saving lives by donating blood.
	Volunteers undergo a brief medical screening to ensure their eligibility for donation and are then guided through the donation process by trained staff. Donated blood is carefully tested for compatibility and safety standards before being used for transfusions.
	The success of these programs relies heavily on community participation and support. Through effective promotion and education, they aim to dispel myths surrounding blood donation and encourage a culture of altruism and solidarity. Ultimately, the Blood Donation Program plays a vital role in ensuring an adequate and safe blood supply for those in need.



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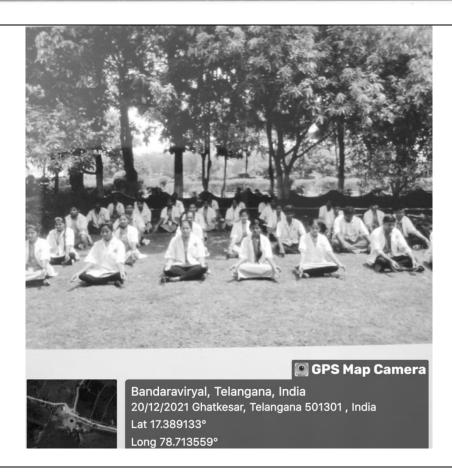
Date: 20/12/2021

Name of the Activity	Health education Program with yoga
Type of Activity	Health education Program with yoga
Date and Time of Activity	20/12/2021
Details of Participants	56
Resource Person	Mr.I.V.Prakash
Coordinators	NSS Coordinators
Organizing dept.	NSS Department
Description	Health education Program with yoga is a globally renowned event that celebrates the ancient practice of yoga, drawing enthusiasts and practitioners from around the world. Held annually, the festival typically spans several days and takes place in various locations across India, the birthplace of yoga. It serves as a platform for yogis, spiritual leaders, and wellness experts to come together and share their knowledge, techniques, and experiences. Attendees of the International Yoga Festival can expect a diverse range of activities, including yoga classes, meditation sessions, workshops, lectures, and cultural performances. Renowned yoga teachers and gurus lead sessions on different styles and aspects of yoga, catering to practitioners of all levels, from beginners to advanced. The festival not only promotes physical well-being but also emphasizes the holistic benefits of yoga for mental, emotional, and spiritual health. Participants often leave feeling rejuvenated, inspired, and more deeply connected to themselves and the global yoga community. In addition to fostering personal growth and wellness, the International Yoga Festival serves as a platform for cultural exchange, promoting understanding and harmony among people of different backgrounds and traditions through the universal language of yoga.



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Date: 17/8/2021

Name of the	Clean India mission Campus Cleaning Bally
Activity	Clean India mission - Campus Cleaning, Rally
Type of Activity	Clean India mission - Campus Cleaning, Rally
Date and Time of Activity	17/8/2021
Details of	45
Participants	
Resource Person	Dr.Ahmed
Coordinators	NSS Coordinators
Organizing dept.	NSS Department
Description	Clean India mission - Campus Cleaning, Rally meaning "Cleanliness Fortnight," is an initiative launched by the Government of India to promote cleanliness and hygiene across various sectors, including educational institutions. As part of Swachhta Pakhwada, campus cleaning drives are organized in schools, colleges, and universities to instill a sense of responsibility towards cleanliness among students and staff. During these campus cleaning activities, students and faculty members come together to clean their premises, including classrooms, corridors, washrooms, and outdoor areas. The aim is to create a clean and conducive environment for learning and working. Apart from cleaning, awareness sessions on the importance of hygiene and sanitation are also conducted to educate participants about the health benefits of maintaining cleanliness. Additionally, rallies are organized within the campus to raise awareness about cleanliness and encourage active participation from the student community. These rallies often involve students carrying placards and banners with messages promoting cleanliness and environmental sustainability. The rallies serve as a platform to mobilize support for the cleanliness drive and inspire others to contribute to the cause. Overall, Swachhta Pakhwada's campus cleaning activities and rallies play a crucial role in fostering a culture of cleanliness and promoting sustainable practices within educational institutions.



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Date: 27/6/2021

Name - 641.	Havitha havara
Name of the	Haritha haram
Activity	He 20ke become
Type of	Haritha haram
Activity	
Date and	27/6/2021
Time of	
Activity	
Details of	79
Participants	
Resource	Dr. Vijay Mohan
Person	
Coordinator	NSS Coordinators
S	
Organizing	NSS Department
dept.	
Description	
	The concept of
	Haritha haram within the framework of the Green Revolution involves integrating
	agro forestry practices into agricultural landscapes to enhance productivity,
	sustainability, and environmental resilience. Historically, the Green Revolution
	aimed at increasing agricultural yields through technological advancements, such
	as high-yielding crop varieties, fertilizers, and irrigation techniques. However,
	this approach often led to environmental degradation, including soil erosion,
	biodiversity loss, and depletion of natural resources.
	Integrating tree plantation into the Green Revolution paradigm addresses these
	environmental concerns by promoting sustainable land management. Trees
	provide numerous benefits such as soil conservation, carbon sequestration,
	biodiversity enhancement, and microclimate regulation. By intercropping trees
	with traditional crops, farmers can diversify their income sources while mitigating
	the negative impacts of monoculture farming.
	and me Branch and management resiming.
	Furthermore, agro forestry systems contribute to food security by improving soil
	fertility, water retention, and pest control. In regions vulnerable to climate
	change, tree plantation within the Green Revolution framework can enhance
	resilience against extreme weather events and fluctuations in precipitation
	patterns. Overall, combining tree plantation with the principles of the Green
	Revolution represents a holistic approach to agricultural development that
	balances productivity with environmental stewardship.
	balances productivity with environmental stewardship.



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Date: 7/10/2021

Name of the	Education on self defence for women
Activity	
Type of	Education on self defence for women
Activity	
Date and	7/10/2021
Time of	
Activity	
Details of	54
Participants	
Resource	Mrs. Nafiza
Person	
Coordinators	NSS Coordinators
Organizing	NSS Department
dept.	
Description	
	Education on self defence for women refers to the process of enhancing women's ability to access opportunities and resources, make choices, and control their own lives. It involves challenging societal norms and structures that perpetuate gender inequality. Empowerment can take various forms, including economic, social, political, and educational empowerment.
	Economically, women's empowerment may involve providing access to financial resources, such as microloans and training in entrepreneurship. Socially, it entails promoting gender equality in relationships, combating gender-based violence, and ensuring access to healthcare and education. Politically, it involves advocating for women's representation in decision-making processes and leadership positions. Education plays a crucial role in empowering women by providing them with knowledge and skills to participate fully in society. Efforts toward women's empowerment have been ongoing for centuries, with progress made in various parts of the world. However, challenges persist, including discriminatory laws and practices, limited access to education and healthcare, and cultural attitudes that devalue women's contributions. Continued efforts are needed to address these barriers and promote gender equality, ultimately benefiting society as a whole.



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Date: 23/9/2021

Name of the	Awareness program on protection and revival of ecosystems
Activity	Awareness program on protection and revivar or ecosystems
Type of Activity	Awareness program on protection and revival of ecosystems
Date and Time	23/9/2021
of Activity	
Details of	34
Participants	
Resource Person	Dr.Subramanyam
Coordinators	NSS Coordinators
Organizing dept.	NSS Department
Description	
	Awareness program on protection and revival of ecosystem refers to the global recognition of the delicate balance between humans and the natural world, emphasizing the importance of environmental preservation and sustainability. It encompasses understanding the impact of human activities on ecosystems, biodiversity, climate, and overall environmental health. This awareness prompts individuals, communities, businesses, and governments to take action towards mitigating environmental degradation and promoting conservation efforts.
	Key aspects of World Environment Awareness include acknowledging the urgency of addressing climate change, reducing pollution, conserving natural resources, protecting endangered species, and promoting eco-friendly practices. It involves educating people about the interconnectedness of all living organisms and the importance of preserving ecological systems for future generations. Efforts to raise awareness about environmental issues include educational programs, public campaigns, policy advocacy, and community engagement initiatives. These endeavors aim to foster a sense of responsibility and stewardship towards the planet, encouraging individuals to make informed choices that contribute to environmental sustainability. Ultimately, World Environment Awareness seeks to inspire collective action and foster a global commitment to safeguarding the Earth's ecosystems and biodiversity for the well-being of all life forms.



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Date: 11/12/2020

Name of the Activity	Awareness program on No Tobacco
Type of Activity	Awareness program on No Tobacco
Date and Time of Activity	11/12/2020
Details of Participants	85
Resource Person	Dr.Chaitanya Reddy
Coordinators	NSS Coordinators
Organizing dept.	NSS Department
Description	Awareness program on No Tobacco is an annual event held globally on May 31st to raise awareness about the health risks associated with tobacco use and advocate for policies to reduce tobacco consumption. The rally brings together individuals, organizations, and governments to promote tobacco control initiatives and support individuals in quitting smoking. Participants in the rally engage in various activities such as marches, educational sessions, and public awareness campaigns to highlight the harmful effects of tobacco on individuals and communities. These activities aim to empower people to make informed choices about their health and encourage governments to implement effective tobacco control measures, including increased taxes on tobacco products, smoke-free policies, and comprehensive cessation programs. The rally also serves as a platform for showcasing success stories of tobacco control efforts and celebrating progress made in reducing tobacco use worldwide. By uniting people from diverse backgrounds and sectors, the World No Tobacco Day Rally fosters a collective commitment to creating a tobacco-free future for generations to come.



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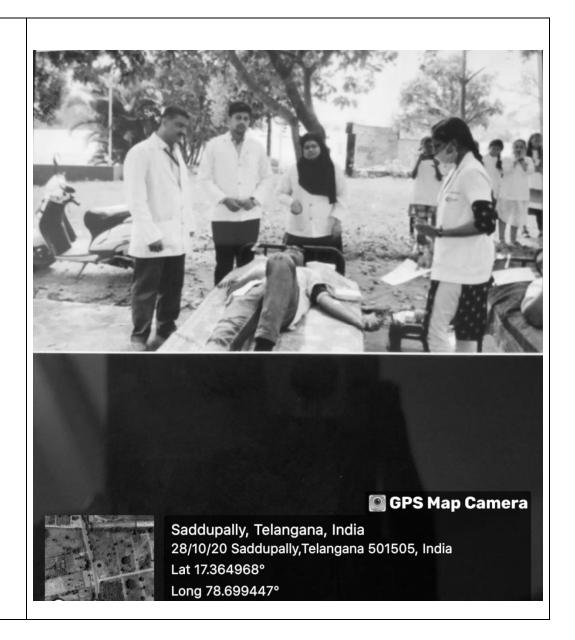
Date: 28/10/2020

Name of the	Blood Donation programme
Activity	
Type of	Blood Donation programme
Activity	
Date and Time	28/10/2020
of Activity	
Details of	86
Participants	
Resource	Red Cross Society
Person	·
Coordinators	NSS Coordinators
Organizing	NSS Department
dept.	
Description	
	The Blood Donation Program is a crucial initiative aimed at encouraging voluntary blood donation to meet the ever-growing demand for blood transfusions in medical emergencies, surgeries, and treatments. Organized by healthcare institutions, non-profit organizations, or governmental bodies, these programs raise awareness about the importance of donating blood regularly.
	Blood donation drives are typically conducted in various locations such as schools, colleges, workplaces, and community centers to make the process accessible to donors. These events provide a convenient platform for individuals to contribute to saving lives by donating blood.
	Volunteers undergo a brief medical screening to ensure their eligibility for donation and are then guided through the donation process by trained staff. Donated blood is carefully tested for compatibility and safety standards before being used for transfusions.
	The success of these programs relies heavily on community participation and support. Through effective promotion and education, they aim to dispel myths surrounding blood donation and encourage a culture of altruism and solidarity. Ultimately, the Blood Donation Program plays a vital role in ensuring an adequate and safe blood supply for those in need.



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Date: 5/7/2020

Name of the Activity	Awareness programme on physical fitness
Type of Activity	Awareness programme on physical fitness
Date and Time of Activity	5/7/2020
Details of Participants	67
Resource Person	Mr.Senthil
Coordinators	NSS Coordinators
Organizing dept.	NSS Department
Description	Awareness programme on physical fitness is a national initiative launched by the Government of India aimed at promoting fitness and healthy living among its citizens. Launched in 2019 by Prime Minister Narendra Modi, the movement seeks to encourage people of all age groups to incorporate physical activity into their daily lives and prioritize their health and wellbeing. Key components of the FIT India Movement include awareness campaigns, fitness challenges, and infrastructure development to support physical activities. The movement emphasizes the importance of regular exercise, proper nutrition, and mental well-being in maintaining a healthy lifestyle. Through various programs and initiatives, FIT India aims to tackle the rising prevalence of non-communicable diseases such as obesity, diabetes, and heart disease, which have become significant public health concerns in India. The movement encourages participation from all sectors of society, including individuals, communities, schools, workplaces, and government organizations, to collectively work towards building a fitter and healthier nation. FIT India seeks to create a culture where fitness is seen as an integral part of daily life, ultimately contributing to a happier and more productive society.



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Date: 18/6/2020

Name of the	Health camp : Yoga '-a journey of self discovery"
Activity	
Type of Activity	Health camp : Yoga '-a journey of self discovery"
Date and Time	18/6/2020
of Activity	
Details of	67
Participants	
Resource Person	Mr.I.V.Prakash
Coordinators	NSS Coordinators
Organizing dept.	NSS Department
Description	1
	Health camp: Yoga '-a journy of self discovery" is a globally renowned event that celebrates the ancient practice of yoga, drawing enthusiasts and practitioners from around the world. Held annually, the festival typically spans several days and takes place in various locations across India, the birthplace of yoga. It serves as a platform for yogis, spiritual leaders, and wellness experts to come together and share their knowledge, techniques, and experiences. Attendees of the International Yoga Festival can expect a diverse range of activities, including yoga classes, meditation sessions, workshops, lectures, and cultural performances. Renowned yoga teachers and gurus lead sessions on different styles and aspects of yoga, catering to practitioners of all levels,
	from beginners to advanced. The festival not only promotes physical well-being but also emphasizes the holistic benefits of yoga for mental, emotional, and spiritual health. Participants often leave feeling rejuvenated, inspired, and more deeply connected to themselves and the global yoga community. In addition to fostering personal growth and wellness, the International Yoga Festival serves as a platform for cultural exchange, promoting understanding and harmony among people of different backgrounds and traditions through the universal language of yoga.



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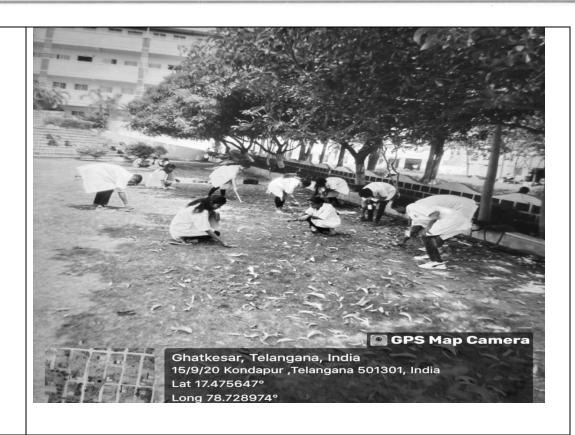
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Date: 15/9/2020

3.7	
Name of	Programme organized on Swachch Bharat Abhiyaan
the Activity	
Type of	Programme organized on Swachch Bharat Abhiyaan
Activity	
Date and	15/9/2020
Time of	
Activity	
Details of	74
Participants	
Resource	Dr.Jagan Mohan
Person	č
Coordinator	NSS Coordinators
s	
Organizing	NSS Department
dept.	
Description	
1	Programme organized on Swachch Bharat Abhiyaan is a flagship initiative of the
	Government of India aimed at promoting cleanliness and hygiene across the
	nation. Launched under the Swachh Bharat Abhiyan, the internship program
	invites youth to participate actively in various cleanliness activities during the
	summer months.
	Summer months.
	Internal anguage in a range of activities such as alconing mublic places, spreading
	Interns engage in a range of activities such as cleaning public places, spreading
	awareness about sanitation and hygiene practices, conducting cleanliness drives in
	rural and urban areas, and assisting in the implementation of waste management
	strategies. The program not only emphasizes hands-on participation but also
	educates interns about the importance of sanitation for public health and
	environmental sustainability.
	Interns typically work under the guidance of local authorities, community leaders,
	and non-governmental organizations (NGOs) to maximize their impact and reach.
	The Swachh Bharat Summer Internship offers participants a unique opportunity to
	contribute to the national cleanliness drive while gaining practical experience,
	developing leadership skills, and fostering a sense of civic responsibility. It aligns
	with the broader goals of the Swachh Bharat Abhiyan to achieve a clean and
	healthy India for all its citizens.
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Date: 18/11/2020

Name of the Activity	Swachh Telangana.
Type of Activity	A Rally to make Swachh Telangana.
Date and Time of Activity	18/11/2020
Details of	39
Participants	
Resource Person	
Coordinators	NSS Coordinators
Organizing dept.	NSS Department
Description	A Swachh Telangana., meaning "Cleanliness Fortnight," is an initiative launched by the Government of India to promote cleanliness and hygiene across various sectors, including educational institutions. As part of Swachch Bharat, campus cleaning drives are organized in schools, colleges, and universities to instill a sense of responsibility towards cleanliness among students and staff. During these campus cleaning activities, students and faculty members come together to clean their premises, including classrooms, corridors, washrooms, and outdoor areas. The aim is to create a clean and conducive environment for learning and working. Apart from cleaning, awareness sessions on the importance of hygiene and sanitation are also conducted to educate participants about the health benefits of maintaining cleanliness. Additionally, rallies are organized within the campus to raise awareness about cleanliness and encourage active participation from the student community. These rallies often involve students carrying placards and banners with messages promoting cleanliness and environmental sustainability. The rallies serve as a platform to mobilize support for the cleanliness drive and inspire others to contribute to the cause. Overall, Swachch Bharat campus cleaning activities and rallies play a crucial role in fostering a culture of cleanliness and promoting sustainable practices within educational institutions.



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Date: 28/8/2020

Name of the	Tree Plantation with Green Revolution
	Tree Plantation with Green Revolution
Activity	T District A C D 1 C
Type of Activity	Tree Plantation with Green Revolution
Date and Time	28/8/2020
of Activity	
Details of	64
Participants	
Resource Person	IV Prakash
Coordinators	NSS Coordinators
Organizing dept.	NSS Department
Description	The concept of tree plantation within the framework of the Green Revolution involves integrating agro forestry practices into agricultural landscapes to enhance productivity, sustainability, and environmental resilience. Historically, the Green Revolution aimed at increasing agricultural yields through technological advancements, such as high-yielding crop varieties, fertilizers, and irrigation techniques. However, this approach often led to environmental degradation, including soil erosion, biodiversity loss, and depletion of natural resources. Integrating tree plantation into the Green Revolution paradigm addresses these environmental concerns by promoting sustainable land management. Trees provide numerous benefits such as soil conservation, carbon sequestration, biodiversity enhancement, and microclimate regulation. By intercropping trees with traditional crops, farmers can diversify their income sources while mitigating the negative impacts of monoculture farming. Furthermore, agro forestry systems contribute to food security by improving soil fertility, water retention, and pest control. In regions vulnerable to climate change, tree plantation within the Green Revolution framework can enhance resilience against extreme weather events and fluctuations in precipitation patterns. Overall, combining tree plantation with the principles of the Green Revolution represents a holistic approach to agricultural development that balances productivity with environmental stewardship.



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Date: 21/1/2021

Name of the Activity	Women Empowerment Program : "Freedom to pursue desired goals"
Type of Activity	Women Empowerment Program : "Freedom to pursue desired goals"
Date and Time	21/1/2021
of Activity Details of	75
Participants	75
Resource Person	Mrs.Kalpana Nadem
Coordinators	NSS Coordinators
Organizing dept.	NSS Department
Description	NSS Department
	Women Empowerment Program: "Freedom to pursue desired goals" refers to the process of enhancing women's ability to access opportunities and resources, make choices, and control their own lives. It involves challenging societal norms and structures that perpetuate gender inequality. Empowerment can take various forms, including economic, social, political, and educational empowerment. Economically, women's empowerment may involve providing access to financial resources, such as microloans and training in entrepreneurship. Socially, it entails promoting gender equality in relationships, combating gender-based violence, and ensuring access to healthcare and education. Politically, it involves advocating for women's representation in decision-making processes and leadership positions. Education plays a crucial role in empowering women by providing them with knowledge and skills to participate fully in society.
	Efforts toward women's empowerment have been ongoing for centuries, with progress made in various parts of the world. However, challenges persist, including discriminatory laws and practices, limited access to education and healthcare, and cultural attitudes that devalue women's contributions. Continued efforts are needed to address these barriers and promote gender equality, ultimately benefiting society as a whole.
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Date: 15/5/2019

Name of the	Worlds No Tobacco Rally
Activity	
Type of Activity	Worlds No Tobacco Rally
Date and Time	15/5/2019
of Activity	
Details of	67
Participants	
Resource Person	Dr.Revanth Chakravarthy
Coordinators	NSS Coordinators
Organizing dept.	NSS Department
Description	The World No Tobacco Day Rally is an annual event held globally on May 31st to raise awareness about the health risks associated with tobacco use and advocate for policies to reduce tobacco consumption. The rally brings together individuals, organizations, and governments to promote tobacco control initiatives and support individuals in quitting smoking. Participants in the rally engage in various activities such as marches, educational sessions, and public awareness campaigns to highlight the harmful effects of tobacco on individuals and communities. These activities aim to empower people to make informed choices about their health and encourage governments to implement effective tobacco control measures, including increased taxes on tobacco products, smoke-free policies, and comprehensive cessation programs. The rally also serves as a platform for showcasing success stories of tobacco control efforts and celebrating progress made in reducing tobacco use worldwide. By uniting people from diverse backgrounds and sectors, the World No Tobacco Day Rally fosters a collective commitment to creating a tobacco-free future for generations to come.



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Date: 29/7/2019

Name of the Activity	Raising awareness on environmental issues
Type of	Raising awareness on environmental issues
Activity	Raising awareness on environmental issues
Date and	29/7/2019
Time of	
Activity	72
Details of	73
Participants	
Resource	Mr. Srinivas chot
Person	
Coordinators	NSS Coordinators
Organizing	NSS Department
dept.	
Description	
	Raising awareness on environmental issues refers to the global recognition of the
	delicate balance between humans and the natural world, emphasizing the
	importance of environmental preservation and sustainability. It encompasses
	understanding the impact of human activities on ecosystems, biodiversity,
	climate, and overall environmental health. This awareness prompts individuals,
	communities, businesses, and governments to take action towards mitigating
	environmental degradation and promoting conservation efforts.
	Key aspects of World Environment Awareness include acknowledging the
	urgency of addressing climate change, reducing pollution, conserving natural
	resources, protecting endangered species, and promoting eco-friendly practices. It
	involves educating people about the interconnectedness of all living organisms
	and the importance of preserving ecological systems for future generations.
	and the permitted of procest and overlaption of contract for summer generalized
	Efforts to raise awareness about environmental issues include educational
	programs, public campaigns, policy advocacy, and community engagement
	initiatives. These endeavors aim to foster a sense of responsibility and
	stewardship towards the planet, encouraging individuals to make informed
	choices that contribute to environmental sustainability. Ultimately, World
	Environment Awareness seeks to inspire collective action and foster a global
	commitment to safeguarding the Earth's ecosystems and biodiversity for the well-
	being of all life forms.
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Date: 12/4/2019

NT C.1	Manager Control of the Control of th
Name of the Activity	Women Empowerment: Education, awareness, literacy, and training.
Type of	Women Empowerment: Education, awareness, literacy, and training.
Activity	
Date and	12/4/2019
Time of	
Activity	
Details of	74
Participants	
Resource	Mrs. Suvarchala
Person	
Coordinators	NSS Coordinators
Organizing	NSS Department
dept.	
Description	
	Women Empowerment: Education, awareness, literacy, and training.
	refers to the process of enhancing women's ability to access opportunities and
	resources, make choices, and control their own lives. It involves challenging
	societal norms and structures that perpetuate gender inequality. Empowerment
	can take various forms, including economic, social, political, and educational
	empowerment.
	Economically, women's empowerment may involve providing access to financial
	resources, such as microloans and training in entrepreneurship. Socially, it entails
	promoting gender equality in relationships, combating gender-based violence,
	and ensuring access to healthcare and education. Politically, it involves
	advocating for women's representation in decision-making processes and
	leadership positions. Education plays a crucial role in empowering women by
	providing them with knowledge and skills to participate fully in society.
	Efforts toward women's empowerment have been ongoing for centuries, with
	progress made in various parts of the world. However, challenges persist,
	including discriminatory laws and practices, limited access to education and
	healthcare, and cultural attitudes that devalue women's contributions. Continued
	efforts are needed to address these barriers and promote gender equality,
	ultimately benefiting society as a whole.
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Date: 23/8/2019

Name of the	Tree Plantation with Green Revolution
Activity	Tree I lantation with Green Revolution
Type of Activity	Tree Plantation with Green Revolution
Date and Time	23/8/2019
of Activity	23/8/2019
Details of	29
Participants	
Resource Person	Dr.Madhumita
Coordinators	NSS Coordinators
Organizing dept.	NSS Department
Description	NSS Department
Description	The concept of tree plantation within the framework of the Green Revolution involves integrating agroforestry practices into agricultural landscapes to enhance productivity, sustainability, and environmental resilience. Historically, the Green Revolution aimed at increasing agricultural yields through technological advancements, such as high-yielding crop varieties, fertilizers, and irrigation techniques. However, this approach often led to environmental degradation, including soil erosion, biodiversity loss, and depletion of natural resources.
	Integrating tree plantation into the Green Revolution paradigm addresses these environmental concerns by promoting sustainable land management. Trees provide numerous benefits such as soil conservation, carbon sequestration, biodiversity enhancement, and microclimate regulation. By intercropping trees with traditional crops, farmers can diversify their income sources while mitigating the negative impacts of monoculture farming. Furthermore, agroforestry systems contribute to food security by improving soil fertility, water retention, and pest control. In regions vulnerable to climate change, tree plantation within the Green Revolution framework can enhance resilience against extreme weather events and fluctuations in precipitation patterns. Overall, combining tree plantation with the principles of the Green Revolution represents a holistic approach to agricultural development that balances productivity with environmental stewardship.



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Date: 15/3/2019

Name of the	A Bally on Class & Cross initiatives
Activity	A Rally on Clean & Green initiatives
Type of Activity	A Rally on Clean & Green initiatives
Date and Time	15/3/2019
of Activity	
Details of	29
Participants	
Resource Person	Dr.Sony Patel
Coordinators	NSS Coordinators
Organizing dept.	NSS Department
Description	A Rally on Clean & Green initiatives, meaning "Cleanliness Fortnight," is an initiative launched by the Government of India to promote cleanliness and hygiene across various sectors, including educational institutions. As part of Swachhta Pakhwada, campus cleaning drives are organized in schools, colleges, and universities to instill a sense of responsibility towards cleanliness among students and staff. During these campus cleaning activities, students and faculty members come together to clean their premises, including classrooms, corridors, washrooms, and outdoor areas. The aim is to create a clean and conducive environment for learning and working. Apart from cleaning, awareness sessions on the importance of hygiene and sanitation are also conducted to educate participants about the health benefits of maintaining cleanliness. Additionally, rallies are organized within the campus to raise awareness about cleanliness and encourage active participation from the student community. These rallies often involve students carrying placards and banners with messages promoting cleanliness and environmental sustainability. The rallies serve as a platform to mobilize support for the cleanliness drive and inspire others to contribute to the cause. Overall, Swachhta Pakhwada's campus cleaning activities and rallies play a crucial role in fostering a culture of cleanliness and promoting sustainable practices within educational institutions.
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Date: 30/10/2019

Name of the Activity	A workshop on health benefits with yoga
Type of Activity	A workshop on health benefits with yoga
Date and Time of Activity	30/10/2019
Details of	45
Participants	
Resource Person	Mr.Thanish
Coordinators	NSS Coordinators
Organizing dept.	NSS Department
Description	A workshop on health benefits with yoga is a globally renowned event that celebrates the ancient practice of yoga, drawing enthusiasts and practitioners from around the world. Held annually, the festival typically spans several days and takes place in various locations across India, the birthplace of yoga. It serves as a platform for yogis, spiritual leaders, and wellness experts to come together and share their knowledge, techniques, and experiences. Attendees of the International Yoga Festival can expect a diverse range of activities, including yoga classes, meditation sessions, workshops, lectures, and cultural performances. Renowned yoga teachers and gurus lead sessions on different styles and aspects of yoga, catering to practitioners of all levels, from beginners to advanced. The festival not only promotes physical well-being but also emphasizes the holistic benefits of yoga for mental, emotional, and spiritual health. Participants often leave feeling rejuvenated, inspired, and more deeply connected to themselves and the global yoga community. In addition to fostering personal growth and wellness, the International Yoga Festival serves as a platform for cultural exchange, promoting understanding and harmony among people of different backgrounds and traditions through the universal language of yoga.



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Date: 16/3/2018

Name of the	Blood Donation programme
Activity	
Type of Activity	Blood Donation programme
Date and Time	16/3/2018
of Activity	
Details of	67
Participants	
Resource Person	Lions Club
Coordinators	NSS Coordinators
Organizing dept.	NSS Department
Description	
	The Blood Donation Program is a crucial initiative aimed at encouraging voluntary blood donation to meet the ever-growing demand for blood transfusions in medical emergencies, surgeries, and treatments. Organized by healthcare institutions, non-profit organizations, or governmental bodies, these programs raise awareness about the importance of donating blood regularly.
	Blood donation drives are typically conducted in various locations such as schools, colleges, workplaces, and community centers to make the process accessible to donors. These events provide a convenient platform for individuals to contribute to saving lives by donating blood.
	Volunteers undergo a brief medical screening to ensure their eligibility for donation and are then guided through the donation process by trained staff. Donated blood is carefully tested for compatibility and safety standards before being used for transfusions.
	The success of these programs relies heavily on community participation and support. Through effective promotion and education, they aim to dispel myths surrounding blood donation and encourage a culture of altruism and solidarity. Ultimately, the Blood Donation Program plays a vital role in ensuring an adequate and safe blood supply for those in need.
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Date: 18/2/2019

Name of the	AIDS /HIV Awareness Seminar
Activity	
Type of	AIDS /HIV Awareness Seminar
Activity	
Date and	18/2/2019
Time of	
Activity	
Details of	16
Participants	
Resource	Mrs. Hemalatha
Person	
Coordinators	NSS Coordinators
Organizing	NSS Department
dept.	
Description	
•	The AIDS Seminar is a crucial event aimed at disseminating knowledge and fostering dialogue surrounding Acquired Immunodeficiency Syndrome (AIDS). Scheduled for [insert date], this seminar will bring together renowned experts, healthcare professionals, researchers, and community members dedicated to combating the AIDS epidemic.
	Throughout the seminar, attendees can expect comprehensive discussions on various aspects of AIDS, including its epidemiology, transmission, prevention strategies, treatment advancements, and the socio-economic impact on affected communities. The agenda will feature keynote speeches, panel discussions, interactive workshops, and poster presentations, providing a platform for sharing the latest research findings, innovative approaches, and best practices in AIDS management and prevention.
	Moreover, the seminar will emphasize the importance of community engagement, advocacy efforts, and global collaboration in addressing the multifaceted challenges posed by AIDS. Participants will have the opportunity to network, exchange ideas, and forge partnerships to enhance the collective response to this global health crisis.
	Ultimately, the AIDS Seminar aims to empower attendees with knowledge, tools, and inspiration to contribute effectively to the ongoing fight against AIDS, striving towards a future where AIDS-related morbidity and mortality are significantly reduced, and stigma and discrimination associated with the disease are eradicated.



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Date: 22/1/2019

Name of the Activity	Awareness program on Tobacco free world
Type of Activity	Awareness program on Tobacco free world
Date and Time of Activity	22/1/2019
Details of Participants	58
Resource Person	Dr.Madhusudhan Reddy
Coordinators	NSS Coordinators
Organizing dept.	NSS Department
Description	Awareness program on Tobacco free world is an annual event held globally on May 31st to raise awareness about the health risks associated with tobacco use and advocate for policies to reduce tobacco consumption. The rally brings together individuals, organizations, and governments to promote tobacco control initiatives and support individuals in quitting smoking. Participants in the rally engage in various activities such as marches, educational sessions, and public awareness campaigns to highlight the harmful effects of tobacco on individuals and communities. These activities aim to empower people to make informed choices about their health and encourage governments to implement effective tobacco control measures, including increased taxes on tobacco products, smoke-free policies, and comprehensive cessation programs. The rally also serves as a platform for showcasing success stories of tobacco control efforts and celebrating progress made in reducing tobacco use worldwide. By uniting people from diverse backgrounds and sectors, the World No Tobacco Day Rally fosters a collective commitment to creating a tobacco-free future for generations to come.



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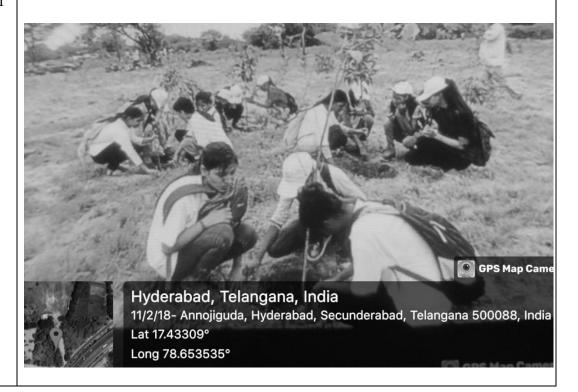
Date: 11/2/2018

Name of the	Tree Plantation with Green Revolution
Activity	
Type of	Tree Plantation with Green Revolution
Activity	
Date and	11/2/2018
Time of	
Activity	
Details of	38
Participants	
Resource	Dr.Ramanatham
Person	
Coordinator	NSS Coordinators
S	
Organizing	NSS Department
dept.	
Description	
	The concept of tree plantation within the framework of the Green Revolution
	involves integrating agroforestry practices into agricultural landscapes to enhance
	productivity, sustainability, and environmental resilience. Historically, the Green
	Revolution aimed at increasing agricultural yields through technological
	advancements, such as high-yielding crop varieties, fertilizers, and irrigation
	techniques. However, this approach often led to environmental degradation,
	including soil erosion, biodiversity loss, and depletion of natural resources.
	merading soft crosson, broatversity ross, and depretion of natural resources.
	Integrating tree plantation into the Green Revolution paradigm addresses these
	environmental concerns by promoting sustainable land management. Trees
	provide numerous benefits such as soil conservation, carbon sequestration,
	biodiversity enhancement, and microclimate regulation. By intercropping trees
	with traditional crops, farmers can diversify their income sources while mitigating
	the negative impacts of monoculture farming.
	Furthermore, agreeferestry systems contribute to food security by immercian soil
	Furthermore, agroforestry systems contribute to food security by improving soil
	fertility, water retention, and pest control. In regions vulnerable to climate
	change, tree plantation within the Green Revolution framework can enhance
	resilience against extreme weather events and fluctuations in precipitation
	patterns. Overall, combining tree plantation with the principles of the Green
	Revolution represents a holistic approach to agricultural development that
	balances productivity with environmental stewardship.



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Date: 23/10/2018

Name of the Activity	Women Empowerment : Re-define gender roles
Type of Activity	Women Empowerment : Re-define gender roles
Date and Time of Activity	23/10/2018
Details of Participants	35
Resource Person	Mrs. Manjula devi
Coordinators	NSS Coordinators
Organizing dept.	NSS Department
Description	Women Empowerment: Re-define gender roles refers to the process of enhancing women's ability to access opportunities and resources, make choices, and control their own lives. It involves challenging societal norms and structures that perpetuate gender inequality. Empowerment can take various forms, including economic, social, political, and educational empowerment. Economically, women's empowerment may involve providing access to financial resources, such as microloans and training in entrepreneurship. Socially, it entails promoting gender equality in relationships, combating gender-based violence, and ensuring access to healthcare and education. Politically, it involves advocating for women's representation in decision-making processes and leadership positions. Education plays a crucial role in empowering women by providing them with knowledge and skills to participate fully in society. Efforts toward women's empowerment have been ongoing for centuries, with progress made in various parts of the world. However, challenges persist, including discriminatory laws and practices, limited access to education and healthcare, and cultural attitudes that devalue women's contributions. Continued efforts are needed to address these barriers and promote gender equality, ultimately benefiting society as a whole.
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Date: 18/8/2018

Name of the Activity	Action to make the world a greener, healthier place
Type of Activity	Action to make the world a greener, healthier place
Date and	18/8/2018
Time of	
Activity	
Details of	39
Participants	
Resource	Dr.Prasanna Lakshmi
Person	
Coordinators	NSS Coordinators
Organizing	NSS Department
dept.	
Description	
	Action to make the world a greener, healthier place, refers to the global recognition of the delicate balance between humans and the natural world, emphasizing the importance of environmental preservation and sustainability. It encompasses understanding the impact of human activities on ecosystems, biodiversity, climate, and overall environmental health. This awareness prompts individuals, communities, businesses, and governments to take action towards mitigating environmental degradation and promoting conservation efforts.
	Key aspects of World Environment Awareness include acknowledging the urgency of addressing climate change, reducing pollution, conserving natural resources, protecting endangered species, and promoting eco-friendly practices. It involves educating people about the interconnectedness of all living organisms and the importance of preserving ecological systems for future generations. Efforts to raise awareness about environmental issues include educational programs, public campaigns, policy advocacy, and community engagement initiatives. These endeavors aim to foster a sense of responsibility and stewardship towards the planet, encouraging individuals to make informed choices that contribute to environmental sustainability. Ultimately, World Environment Awareness seeks to inspire collective action and foster a global commitment to safeguarding the Earth's ecosystems and biodiversity for the well-being of all life forms.
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Date: 22/4/2019

Name of the	Plastic Ban Awareness
Activity	Trastic Dan Awareness
Type of Activity	Plastic Ban Awareness
Date and Time	22/4/2019
of Activity	221412017
Details of	67
Participants	
Resource Person	Dr.Mohanty
Coordinators	NSS Coordinators
Organizing dept.	NSS Department
Description	1105 Department
	Plastic ban awareness campaigns aim to educate communities about the environmental hazards of plastic pollution and promote the adoption of sustainable alternatives. These initiatives emphasize reducing single-use plastics, such as bags, bottles, and straws, which are major contributors to marine and terrestrial pollution.
	Through various channels like social media, educational programs, and community events, advocates raise awareness about the detrimental effects of plastic on ecosystems, wildlife, and human health. They highlight the importance of recycling, reusing, and reducing plastic consumption to mitigate its adverse impacts.
	Governments and non-profit organizations often spearhead these campaigns, implementing policies such as bans on specific plastic products or promoting eco-friendly alternatives. Additionally, businesses are encouraged to adopt sustainable practices by offering biodegradable packaging and reducing plastic usage in their operations.
	Plastic ban awareness efforts foster a culture of environmental responsibility, encouraging individuals to make conscious choices that minimize their plastic footprint and contribute to a cleaner, healthier planet. By engaging communities and fostering collective action, these campaigns play a crucial role in addressing the global plastic pollution crisis.



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Date: 12/6/2018

Name of the	Wadda Na Tahaaa Dalla
	Worlds No Tobacco Rally
Activity	W 11 X T 1 D 11
Type of Activity	Worlds No Tobacco Rally
Date and Time	12/6/2018
of Activity	
Details of	61
Participants	
Resource Person	Dr.Ananth
Coordinators	NSS Coordinators
Organizing dept.	NSS Department
Description	
1	The World No Tobacco Day Rally is an annual event held globally on May
	31st to raise awareness about the health risks associated with tobacco use
	and advocate for policies to reduce tobacco consumption. The rally brings
	together individuals, organizations, and governments to promote tobacco
	control initiatives and support individuals in quitting smoking.
	tonder miniatives and support mary laudin in quitting smonthly.
	Participants in the rally engage in various activities such as marches, educational sessions, and public awareness campaigns to highlight the harmful effects of tobacco on individuals and communities. These activities aim to empower people to make informed choices about their health and encourage governments to implement effective tobacco control measures, including increased taxes on tobacco products, smoke-free policies, and comprehensive cessation programs.
	The rally also serves as a platform for showcasing success stories of tobacco control efforts and celebrating progress made in reducing tobacco use worldwide. By uniting people from diverse backgrounds and sectors, the World No Tobacco Day Rally fosters a collective commitment to creating a tobacco-free future for generations to come.



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Date: 18/9/2018

Name of the	Harita Haram
Activity	Trairie Trairin
Type of Activity	Harita Haram
Date and Time	18/9/2018
of Activity	
Details of	58
Participants	
Resource Person	Dr.Indumathi Praveen
Coordinators	NSS Coordinators
Organizing dept.	NSS Department
Description	Swachhta Pakhwada, meaning "Cleanliness Fortnight," is an initiative launched by the Government of India to promote cleanliness and hygiene across various sectors, including educational institutions. As part of Swachhta Pakhwada, campus cleaning drives are organized in schools, colleges, and universities to instill a sense of responsibility towards cleanliness among students and staff.
	During these campus cleaning activities, students and faculty members come together to clean their premises, including classrooms, corridors, washrooms, and outdoor areas. The aim is to create a clean and conducive environment for learning and working. Apart from cleaning, awareness sessions on the importance of hygiene and sanitation are also conducted to educate participants about the health benefits of maintaining cleanliness.
	Additionally, rallies are organized within the campus to raise awareness about cleanliness and encourage active participation from the student community. These rallies often involve students carrying placards and banners with messages promoting cleanliness and environmental sustainability. The rallies serve as a platform to mobilize support for the cleanliness drive and inspire others to contribute to the cause.
	Overall, Swachhta Pakhwada's campus cleaning activities and rallies play a crucial role in fostering a culture of cleanliness and promoting sustainable practices within educational institutions.
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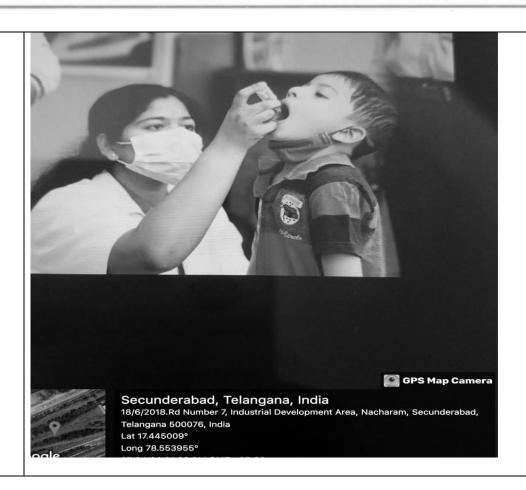
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Date: 18/6/2018

Name of the	Pulse Polio camp
Activity	
Type of Activity	Pulse Polio camp
Date and Time	18/6/2018
of Activity	
Details of	68
Participants	
Resource Person	Dr.Anjamma
Coordinators	NSS Coordinators
Organizing dept.	NSS Department
Description	
	A Pulse Polio camp is a public health initiative aimed at eradicating polio by vaccinating children against the virus. These camps are usually organized by government health departments or non-profit organizations in collaboration with local communities. The camps are typically held in areas where there is a high risk of polio transmission or where vaccination coverage is low.
	During a Pulse Polio camp, trained healthcare workers administer the polio vaccine to children under the age of five, regardless of their previous immunization status. The vaccine is usually given orally, in the form of drops.
	These camps often involve extensive planning, mobilization of resources, and community outreach to ensure maximum participation. They may also include awareness campaigns to educate parents and caregivers about the importance of polio vaccination and to dispel any myths or misconceptions. Pulse Polio camps play a crucial role in the global effort to eradicate polio,
	as they help reach children in remote or underserved areas and contribute to increasing overall vaccination coverage. Through these camps, communities can work together to protect children from the debilitating effects of polio and move closer to achieving a polio-free world.
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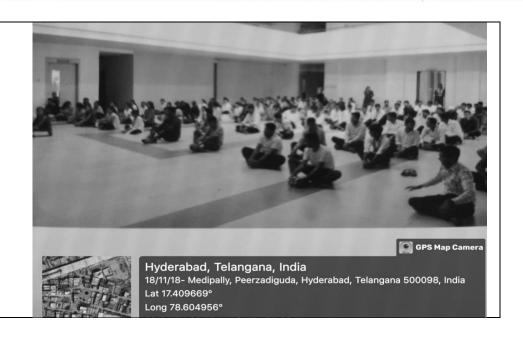
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Date: 18/11/2018

Name of the	Cignificance 9 hanafits for physical and montal well being with Voga
Activity	Significance & benefits for physical and mental well-being with Yoga
Type of Activity	Significance & benefits for physical and mental well-being with Yoga
Date and Time	18/11/2018
of Activity	
Details of	78
Participants	
Resource Person	Mr.I.V.Prakash
Coordinators	NSS Coordinators
Organizing dept.	NSS Department
Description	•
	Significance & benefits for physical and mental well-being with Yoga is a globally renowned event that celebrates the ancient practice of yoga, drawing enthusiasts and practitioners from around the world. Held annually, the festival typically spans several days and takes place in various locations across India, the birthplace of yoga. It serves as a platform for yogis, spiritual leaders, and wellness experts to come together and share their knowledge, techniques, and experiences.
	Attendees of the International Yoga Festival can expect a diverse range of activities, including yoga classes, meditation sessions, workshops, lectures, and cultural performances. Renowned yoga teachers and gurus lead sessions on different styles and aspects of yoga, catering to practitioners of all levels, from beginners to advanced.
	The festival not only promotes physical well-being but also emphasizes the holistic benefits of yoga for mental, emotional, and spiritual health. Participants often leave feeling rejuvenated, inspired, and more deeply connected to themselves and the global yoga community.
	In addition to fostering personal growth and wellness, the International Yoga Festival serves as a platform for cultural exchange, promoting understanding and harmony among people of different backgrounds and traditions through the universal language of yoga.
Photo Proof	



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Date: 28/8/2018

Name of the Activity	Awareness camp on Cancer
Type of Activity	Awareness camp on Cancer
Date and Time of Activity	28/8/2018
Details of Participants	64
Resource Person	Dr.John Fedrick
Coordinators	NSS Coordinators
Organizing dept.	NSS Department
Description	Awareness camp on Cancer is a specialized event or program designed to provide support, education, and resources for individuals affected by cancer. These camps often cater to cancer patients, survivors, caregivers, and family members, offering a variety of services such as medical consultations, counseling sessions, educational workshops, and recreational activities. Typically organized by hospitals, cancer centers, non-profit organizations, or support groups, these camps aim to create a supportive community where participants can share their experiences, receive emotional support, and learn coping strategies. Medical professionals such as oncologists, nurses, and therapists may volunteer their time to provide expertise and guidance. In addition to medical and emotional support, cancer camps often offer recreational activities such as art therapy, yoga, hiking, and group outings, fostering camaraderie and relaxation among participants. These camps can be residential, where participants stay overnight, or day camps, where activities are held during the day and participants return home in the evenings. Overall, cancer camps play a vital role in enhancing the well-being and quality of life for individuals affected by cancer, providing a supportive environment where they can find comfort, companionship, and valuable resources.



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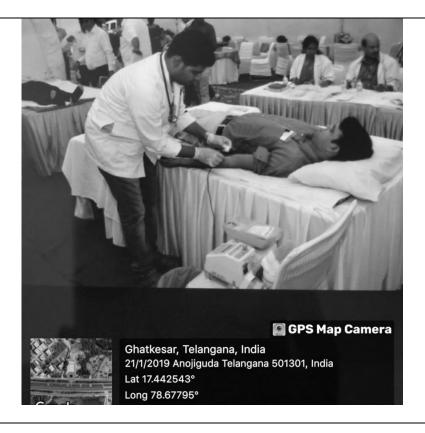
Date: 21/1/2019

Name of the	Blood Donation programme
Activity	
Type of Activity	Blood Donation programme
Date and Time	21/1/2019
of Activity	
Details of	64
Participants	
Resource Person	Red Cross Society
Coordinators	NSS Coordinators
Organizing dept.	NSS Department
Description	The Blood Donation Program is a crucial initiative aimed at encouraging voluntary blood donation to meet the ever-growing demand for blood transfusions in medical emergencies, surgeries, and treatments. Organized by healthcare institutions, non-profit organizations, or governmental bodies, these programs raise awareness about the importance of donating blood regularly. Blood donation drives are typically conducted in various locations such as schools, colleges, workplaces, and community centers to make the process accessible to donors. These events provide a convenient platform for individuals to contribute to saving lives by donating blood. Volunteers undergo a brief medical screening to ensure their eligibility for donation and are then guided through the donation process by trained staff. Donated blood is carefully tested for compatibility and safety standards before being used for transfusions. The success of these programs relies heavily on community participation and support. Through effective promotion and education, they aim to dispel myths surrounding blood donation and encourage a culture of altruism and solidarity. Ultimately, the Blood Donation Program plays a vital role in ensuring an adequate and safe blood supply for those in need.



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Photo Proof





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